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THURSDAY, APRIL 25, 2013

Leaving a mark

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INPORT NEWS

SERVING PORT COLBORNE • WAINFLEET • SHERKSTON • LOWBANKS • ISSUE NO. 16 VOLUME 17

For news updated daily see www.inportnews.ca

Vale addition to feed solar cell sector

MARYANNE FIRTH
InPort News Staff

PORT COLBORNE — Production has kicked off at Vale's new \$13-million tower underflow solids processing facility.

The addition to the Port Colborne plant's precious metals refinery was officially opened Wednesday with a ribbon-cutting ceremony to mark more than two years of hard work.



MARYANNE FIRTH Staff Photo

LEFT: Vale project manager Ted Rabski and vice-president of Ontario and U.K. operations Kelly Strong are pictured at the opening of the Port Colborne plant's new tower underflow solids (TUS) processing facility. TUS is refined to produce tellurium dioxide, used in the manufacturing of solar cells. RIGHT: The ribbon is cut by staff, dignitaries and administration to officially open the new tower underflow solids processing facility at Vale's Port Colborne plant.

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<p>HometownRealEstateGuy.com</p> <p>Michael Smith SALES REPRESENTATIVE</p> <p>TOP 10 RLP AGENT 2012</p> <p>2008 2009 2010 2011 2012</p> <p>ROYAL LEPAGE</p> <p>Ph: 905-834-9000 DIRECT: 905-630-4741</p>	<p>NEW LISTING</p> <p>605 EMPIRE RD - \$166,900</p> <p>Price of opportunity, meticulously cared for 2 bedroom 4 season cottage bungalow. All updates have occurred over past decade plus a newer oversized 2 car garage w/ concrete flr. Fully finished and well up into closed in storage or potential man/caveage! Enjoy summer living with lovely covered porch to terrace yard.</p>	<p>NEW LISTING</p> <p>92 LOUIS ST - \$68,900</p> <p>Fully renovated to the studs dislhouse of a bungalow located in Port's East Village, short drive to the beach, main fr handy, detached garage, fully finished year and patio. More affordable than most... Great first time opportunity!</p>	<p>OPEN HOUSE SUNDAY 2:45 - 4:00 PM</p> <p>NEW PRICE</p> <p>211 CHARLOTTE ST - \$149,900</p> <p>Fully updated in recent years. 3 bed 1 1/2 bath open concept main fr living with office nook, patio door access to deck and fenced yard with bonus 3 car detached garage on separate fire lane!</p>	<p>OPEN HOUSE SUNDAY 1:00 - 2:30 PM</p> <p>128 ADELAIDE ST - \$134,900</p> <p>Fully updated dirt house of a 2 bed brick bungalow ideal for the first timer or empty nester! Located in prime PSC location just steps to lake and port and blocks from downtown core.</p>
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upfront

■ **INDUSTRY:** \$13-million investment ensures longevity of Port Colborne refinery, mayor says

Ground broke for east side project in February

FROM PAGE 1

Ground broke for the east-side project in February 2011, with commissioning getting underway in October of last year.

The facility allows Vale to process TUS — a black mud-like material comprising precious metals, copper, selenium, bismuth and tellurium — for enhanced mineral recovery.

The main product derived from TUS is tellurium dioxide, which provides feedstock for other industries in the manufacturing of solar cells for renewable energy.

With its unique characteristics, tellurium dioxide can also be refined for use in high-tech optical refraction applications, such as fibre optics.

"To give you a sense of the size and scope of this project,

if we took all of the concrete that was poured for this new facility, we would be able to pour about 100 new house foundations," said Bruce Bichel, general manager of smelting and refining for Vale's Ontario operations.

"And, if we took all of the piping that we installed in the facility, it would circle an average high school running track more than 15 times."

The project also included a \$1.25-million investment in Vale's electrifying facility in Sudbury, where TUS is produced.

This allows Vale to transport material to Port Colborne by slurry truck rather than by barrel, which improves handling efficiency and reduces environmental disposal requirements.

Bichel offered congratulations to all who worked on the project and highlighted

the spotless safety record that saw construction and commissioning completed without a single injury.

"This project, to me, is a model of true sustainable development and represents the kind of innovative and creative thinking that will enhance the competitiveness of our operations in an environment that is only getting more competitive and more challenging," said Kelly Strong, Vale's vice-president of Ontario and U.K. operations.

Strong anticipates the capital investment in the project will be recovered within the first 18 months of operations.

"This project will strengthen our market position for years to come in sectors that are experiencing significant growth, such as renewable energy and fibre optics, in turn strengthen-

ing the long-term sustainability of our Port Colborne operations."

"Vale since 1918 has been a mainstay in Port Colborne," said Mayor Vance Badawey, who called the company a key industrial and community partner.

"This project sends the strong message you've been there for decades and generations in the past, and will be for many more decades and generations going forward."

No new jobs were created as a result of the addition, but it has helped Vale to maintain its current workforce, said processing engineer Jason Cheshire.

While Vale guests were taken on a tour of the new facility, no photos were allowed inside to maintain proprietary information.

maryanne.firth@sunmedia.ca



MARYANNE FIRTH Staff Photo

Vale project manager Ted Rabski and vice-president of Ontario and U.K. operations Kelly Strong are pictured at the opening of the Port Colborne plant's new tower underflow solids (TUS) processing facility. TUS is refined to produce tellurium dioxide, used in the manufacturing of solar cells.

■ **POLITICS:** Tory leader praises Wainfleet for fight against turbines

Slash wind-farm subsidies, Hudak says

JEFF BOLICHOWSKI
QMI Agency Niagara

WEST LINCOLN — Blowing away subsidies for wind-turbine farms could help rein in skyrocketing energy costs, Tim Hudak said last week.

In a visit to a Smithville plant, the Ontario Progressive Conservative leader said his Tories are bringing legislation to Queen's Park today to eliminate the subsidies and hand wind-farm planning controls back to cities. Hudak predicted those subsidies could contribute to energy costs spiking by 60% in the next few years.

But with cancellation of two planned gas plants in the greater Toronto area leaving taxpayers on the hook for hundreds of mil-

lions of dollars, Hudak said it's critical to cut wind subsidies before the cancellation fees mount.

"That's why we've got to stop now," he said. "We've got to turn off the tap."

"Otherwise, the costs are going to be even higher down the road. Our energy rates have gone from being some of the most attractive in North America to being some of the most expensive."

Reducing rates, he said, is key to creating more jobs.

"That means, quite frankly, that we can't add on more expensive wind turbine projects, and we can't have the kinds of waste of taxpayer dollars" like the cancelled gas plants, he said.

Scrapping the Mississauga plant alone came at a

\$275-million cost.

The Niagara West-Glanbrook MPP's comments came as he toured the Stanpac plant in Smithville.

Cutting wind subsidies wouldn't necessarily mean an energy shortfall, he said. "In reality, we have too much supply right now. We're paying Quebec and New York to take excess energy off our hands."

"If you're in a hole, you drop the shovel and stop digging."

Hudak said the party's Ensuring Affordable Energy Act is up for a vote today. He portrayed the vote as a matter of jobs.

"We'll see where the Liberals and NDP stand," he said.

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JEFF BOLICHOWSKI

Ontario PC Leader Tim Hudak speaks with workers at the Stanpac plant in Smithville Wednesday.

portraits

■ ROSE DZUGAN: 'Being a nurse and coming with that

Wainfleeter leaves mark at \$7.9B Qatar hospital

ALLAN BENNER
InPort News Staff

WAINFLEET — After being part of an international team designing and overseeing the construction of a world-class hospital, retirement isn't easy for Welland native Rose Dzugan.

The 66-year-old recently returned from Doha, Qatar, where she worked with architects and builders to design and build the Sidra Medical and Research Center — a building financed by the Qatar Foundation, a charity sponsored by Sheikha Mozah, the wife of Sheikh Hamad bin Khalifa Al Thani, Emir of the State of Qatar.

"It was a greenfield site. We were on the edge of the desert and there was nothing there," she said in an interview last week.

"They wanted gold star, five star, think outside of the box and to make it really a spectacular hospital. And, of course, the Emir Al Thani and Sheikha Mozah, they're the ones who gave us \$7.9 billion. That was the budget."

In 2004, Dzugan retired after 36 years working for Hamilton Health Sciences. It didn't last long.

Two days later, she was on a plane bound for Saudi Arabia for a job at King Faisal Specialist Hospital. After a few years, she was hired to work on the hospital in Qatar.

"One December morning I had an interview, and they said, 'Can you start right away?'"

She was one of about five experts hired as consultants at the start of the project. The group grew to more than 200 by the time the building was completed.

Dzugan was part of a team of nurses that provided insight into the building from a purely health-

care perspective.

"Because of their financial status, they were able to recruit all kinds of specialists as consultants, the tops in their fields, to come and advise us on everything," she said.

The building itself is spectacular, designed by Cesar Pelli, the same architect who designed the Petronas Towers in Malaysia.

It includes three huge glass structures reminiscent of the falukas, the traditional sailing vessels of the Persian Gulf. "They're healing gardens, these three big sails. When you walk in there everything is marble from Brazil and just huge," Dzugan said.

"Being a nurse and coming with that clinical background, I never felt out of my element — ever. We had a very good collaborative relationship with the architects."

Their job was to make sure that the interior of that magnificent building "supported the functional and operational aspects of patient care."

"I feel like an expert at looking at blueprints because for five years, all we did was look at schematics."

She said they also looked at policies and procedures, hiring staff and "all of the operational specialties that you need to get a hospital up and running."

"It was just the most fabulous job. It really was."

Through her experiences in Qatar, Dzugan has returned home with a global perspective about health care.

And she's impressed with the new hospital that has just opened in St. Catharines, as well as long-term possibilities for a new hospital for south Niagara.

"That will mean a whole revamping of health care

here in Niagara region, now with a new hospital coming closer to this area, and the St. Catharines hospital being built already," Dzugan said.

"Consequently, there will be offshoots as well in terms of clinics to look after some of the satellite services that don't need hospital care. I think they've got a very good philosophy."

She was also impressed with the recommendations included in the final report by Niagara Health System supervisor Kevin Smith.

The report, she said, "really took to heart" the health-care needs of Niagara residents, "in terms of services, accessibility, waiting times, those kinds of things."

"I think they really tried to create a model to suit the community."

While she concedes there will be a few bugs to work out before local health-care services are running at an optimum, the local changes are similar to the model being adopted in other parts of the world, including Qatar.

Now that Dzugan has retired for a second time, she said she's feeling kind of restless. She said it seems strange to wake up in the morning and look out at Lake Erie and realize she could go back to bed if she wanted to.

She's currently keeping busy with some renovations to her Wainfleet home, including a new kitchen.

Dzugan's also prepared a presentation about the history and culture of Arabian nations she hopes to share with groups interested in seeing it.

But she may yet return to the workforce.

"If something comes up you never know, I'm open to it," she said.



ALLAN BENNER Staff Photo

Rose Dzugan holds a magazine picture of a new hospital in Saudi Arabia she spent five years working on, as part of an international team of experts.

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ourview

There's just one problem with '1 Less' campaign

Business is business. It's as true for individual consumers as it is for big and small businesses alike.

So it's surprising to hear Greater Niagara Chamber of Commerce wants to do something many businesses are reluctant to do—sacrifice their own financial best interests to further a bigger cause.

Greater Niagara Chamber of Commerce, a St. Catharines and Thorold-based organization that wants to be the voice of the entire Niagara business community, launched its "1 Less Trip" campaign Thursday. It encourages Niagarans to cut back—by just one—the number of cross-border shopping trips they take in a year. A reduction that small could lead to Niagara retaining \$126 million a year in its regional economy, the chamber said.

The chamber's advice would be a lot easier to heed if consumers knew the business community was leading by example.

Businesses often look outside their own hometowns when it comes to buying the materials they use for building their products—buying, storing the items on their store shelves or hiring people to work for them.

In each case, if consumers saw businesses cutting back by "just one" in each of those categories, it might be easier for consumers to buy into the "one less" shopping trip to western New York's outlet malls, Walden Galleria, gas stations, liquor stores and grocery stores.

Niagara and Canadian consumers shop in the United States because many goods are cheaper there, most notably because American labour is cheaper and U.S. taxes are lower. When American stores have lower overhead than their Canadian counterparts, they can pass the savings onto their customers.

As pro-business organizations, chambers of commerce are traditionally staunch free-market advocates. It's hypocritical to preach the virtues of the free market for its members but then consider badgering their own members to exercise restraint and not let them march with their feet to wherever prices are lower.

Instead of badgering the Niagara families who shop in the U.S. to stretch their psyches a bit further, the chamber of commerce should consider badgering their own members into sourcing their materials, merchandise and employees in their own back yard.

■ COLUMN:

REV. GORD ABRAHAM
Port Colborne Baptist Church

It's so easy to find what is wrong in everyone else and everything.

Complain, grumble, gripe, bgr*#@! Yet it is so destructive. Both to all those you complain against and you yourself!

Do you ever listen to yourself and others and your complaints about people, politicians, bosses, co-workers, spouses, children, neighbours? I have come to the personal realization that I am much more likely to complain than I am to be thankful.

In the New Testament Gospels we find a story of Jesus being approached by 10 lepers. Now leprosy was a common disease during the time when Jesus walked on this earth and is still found in some countries today.

Leprosy, caused by bacteria or germs is an infection that destroys the skin and the nerves of the hands and feet also causing problems in the eyes and nose.

In the time of Jesus, leprosy was used for any skin disease and caused anyone with it to be isolated and sent out from society and family that they were a part.

■ COLUMN:

If women ruled the world

BBC World News broadcast an interesting documentary last month titled "What If Women Ruled The World." Essentially it's a series of interviews with high profile political leaders like Condoleezza Rice, the first African American U.S. Secretary of State, Mary Robinson, the first female President of Ireland and Michelle Bachelet, the first female President of Chile.

Interestingly enough, the documentary does not involve German Chancellor Angela Merkel who is ruling the world at the moment.

To be clear, President Michelle Bachelet is not to be confused with U.S. Presidential candidate Michelle Bachmann who while running for the Tea Party in the last U.S. election

It created alienation and fear and those with leprosy had to live in colonies of despair and cry out "unclean" if approached by anyone not contaminated. What a stigma to carry around in life. This is not unlike today with gatherings of people who share the same suffering and prejudiced treatment. It cut people off from the touch of loved-ones so desperately needed.

Ten desperate lepers approached Jesus and took the chance that this Rabbi, who was known to have healing powers, would at least from a distance hear their plea for help. We read, in the Gospel of Luke, "ten men who had leprosy met him. They stood at a distance and called out in a loud voice, 'Jesus, Master, have mercy on us!' When he saw them, he said, 'Go, show yourselves to the priests.' And as they went, they were cleansed." One of them, when he saw he was healed, came back, praising God in a loud voice. He threw himself at Jesus' feet and thanked him—and he was a Samaritan. Jesus asked, 'Were not all ten cleansed? Where are the other nine?'

After being healed by Jesus only one returned and gave

a sincere thank you to Jesus. How many of us are like those other nine. We received good things from the hand of God and from others only to gripe and complain. We live in a country of opportunity and wealth (in comparison to many people in other countries around our world). We are healthy and have a home and some food on our table and still we complain that there is not enough or it is not good enough. This description of our ungratefulness could go on but there are only a few reminders.

Here's a suggestion that I have learned to keep myself being grateful and expressing it to others.

Get a Bible and begin to read the Gospel of Luke. If you do not have a copy of the Bible then contact one of our local Pastors who would be more than willing to give you a copy. Read about Jesus and how he loves us and cares for us. Read some of the Psalms of David and see how the writers kept gratitude at the front of their minds and attitudes, even at the worst of times. The next thing I do is regularly repeat, in conversation with God, all the things I am thankful for. My family, health, friends,

and specific events of my day. A few years ago, I was flying home to Hamilton from a trip out east and the plane was required to make an emergency landing in Toronto because we were told by our pilot that we lost one of the engines. A silence went over everyone in the cabin, and I prayed for safety. I am writing this today and could only give thanks for God protecting all of us. I could not even imagine of being late getting home, inconvenience, but I would be a fool if I did.

Finally, express your gratefulness and appreciation to people for who they are and what they have done. You will change their life and encourage them in a world that often is only putting people down.

Words and an attitude of gratitude are contagious. People will respond far more positively even under the most difficult of circumstances when we are grateful, so, keep these questions in your mind to check your complaints at the door and keep on being grateful. Where are the nine? What has God done for me? What people are there who have been kind and generous to me?

blamed earthquakes and hurricanes on God, claimed children's vaccines caused mental retardation and stated she shared the same great mid-west spirit as Waterloo, Iowa's most famous son, John Wayne. Unfortunately it was actually John Wayne Gacy who hails from Waterloo, Iowa. Gacy, known as the "Killer Clown" murdered at least 33 teenage boys.

Condoleezza Rice claimed a world ruled by women would better serve human rights, increase human potential and brain power by 50% and truly educated women would become leaders and not sex trade workers and unwed mothers. Condoleezza disqualified herself from any serious comments about men because she once dated Canada's Defence Minister

Peter McKay.

President Mary Robinson said empowered women would tackle poverty with a vengeance and President Michelle Bachelet said women would end gender-based violence and promote peace.

Interesting that none of these women sought revenge for the horrible state of today's world. No one threatened to spank George W. Bush or even have Silvio Berlusconi neutered.

Nonetheless, it's an intriguing concept and one which I have been advocating for a very long time. A world ruled by women would be a kinder, gentler place with a lot less armed conflicts flaring up around the globe, currently totalling 50 according to the World Crisis Center.

As somebody more cynical

than I, said: "If women ruled the world there would be no war. Instead there would be a whole bunch of jealous and pissed-off countries sitting around, not speaking to each other." Naturally, that quote is attributed to a man known as "Anonymous."

Although I'm all for it—women ruling the world—if for no other reason they deserve a shot after men have made a complete hash of the job, there will be problems.

In a world ruled by women, we would need to have a level playing field. Women should not use one of their most powerful and unique weapons against us, just because they can. In other words, a tactic advocated by American actress Stephanie Hodge must be ignored entirely. See COLUMN | page 2

■ COLUMN:

New rules would be developed for men

FROM PAGE 3

"We just want men who will share our hopes and dreams. If you don't, we will bitch at you until you die!" You understand how unhelpful that could be?

As men we realize there will have to be new rules like mandatory waxing of our backs and once in a while, say twice a week we will have to share the remote. And "Hey! Whitterydandy" right now?" will not pass as foreplay.

Every man on Earth would be assigned a clinically-trained psychic so that for the first time in our seven million years of evolution, we will know what women are thinking.

Likewise for safety's sake, a man would automatically be able to activate a personal, life-size safety shield every time a woman says, "No, there's nothing wrong."

At the level of the world stage, it would be a real eye-opener to see eight women leaders sitting around a G8 Summit. At the opening banquet they might opt on separate cheques and there will be no need for meeting halls or boardrooms. First,

one will say she's going to the ladies' room and the other seven will automatically offer her her. An hour later they will all come back to the dining table with a nuclear, non-proliferation treaty, a Mideast peace pact and the world's first birth control pill made of white Belgian chocolate.

Most importantly, once these amazing strides in global issues are accomplished at "Women's Washroom Summits" everywhere, men will finally be able to figure out what the hell you do in there!

All will agree that there is only one dire circumstance which would warrant the exchange of nuclear weapons — if any two women show up at the next G8 Summit wearing the same dress.

New guidelines for the United Nations will be drawn up in which facts and logic would be used in international policy-making only as a last resort. Some countries would be banned from the world organization based on colours that clash on their national flags.

And official transcripts of conferences dealing

with global issues would be replaced by tidbits of gossip and cell phone photos of women rolling their eyes.

Any male/female disputes among world leaders would be followed by national "withholding of sex" protests by women and then followed by a roll call of: "Aye. Aye. Aye. Aye. Double Aye."

Every man on earth would be required to carry in his wallet the forty-word interpretation of CRYING ... happy, sad, confused, bored, onions, Oprah, pissed off, Yout, don't know why, etc.

Men would only be allowed to step in and take control of a meeting if the women were still hotly debating issues that had solved ten years ago.

Any man who challenges these new decisions made by the ruling women will be placed in a dark room and forced to watch Thelma & Louise.

"Oh God no, not that brand new truck!"

www.williamthomas.ca

■ inPortbriefs

BRANCH COLLECTION RUNS MONTH-LONG IN MAY

PORT COLBORNE — Spring branch collection starts May 6. Curbside branch collection is available across Niagara at all single residential households and apartments with six units or less. Branch collection runs Monday, May 6, to Friday, May 31, and falls on residents' regular garbage/recycling collection day. On the designated collection day branches must be at the curb by 7 a.m. and must be tied in bundles that weigh less than 22.5 kilograms and must not be more than 1.5 metres long and 50 centimetres wide. Individual branches inside of bundles can be no longer than 7 cm.

Branches and yard waste can also be dropped off at Niagara Region's landfills or residential waste drop-off depots year-

round for free.

Even though leaves and yard waste are still collected curbside on regular collection day, all grass clippings are banned from curbside collection.

For more information call the Waste Info-line at 905-356-4341 or 1-800-594-5542 or visit www.niagararegion.ca/waste.

SOPHIE NEEDS YOU

PORT COLBORNE — Sophie Kairies and her family need your support.

Sophie is a three-year-old girl who suffers from severe cerebral palsy, a condition that has her confined to a large and cumbersome wheelchair.

She is taking part in the National Mobility Equipment

Dealers Association (NMEDA) Local Heroes contest, which could greatly help her and her family, including parents Jeff Kairies and Nicole Begin. The winner of the contest is presented with a van customized for the needs of someone suffering with limited or no mobility.

A van capable of easily transporting Sophie in her wheelchair would assist in taking her to doctors and therapy appointments.

Her family is asking for help by voting on the NMEDA local heroes website. People can vote once every 24 hours. Voting closes on May 10.

Voting is easy, simply go to www.mobilityawarenessmonth.com click local heroes and search for Sophie Kairies.

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■ **GREEN ART:** Students participate in Port Colborne exhibit

Artist turns trash into pieces of art

ALLAN BENNER
InPort News Staff

PORT COLBORNE — It was garbage.

Now it's art.

Students from Port Colborne and Lakeshore Catholic high schools transformed trash into about 50 works of art, on display last weekend at Arts Place Gallery on King St.

They were participating in the fourth annual Green Art Show.

"We got about 25 (works of art) from each school," said organizer Dean Tedesco, executive director of Community Artists Niagara.

A few adults contributed a few more works of art, created from recycled junk included

ing an impressive horse head created using stainless-steel butter knives.

It was the first time Grade 9 Lakeshore student Hannah Visser had ever been included in an art exhibit. She was so excited she was the first to arrive at Arts Place to see her artwork hanging on the wall.

Her picture, called Light as a Feather, was an image of an anime cartoon character, created using spaghetti noodles, beads, thread and a feather.

"This is really cool," she said, while looking through the artwork created by other students focusing on an environmentally-friendly theme.

Tedesco was impressed by many of the items students submitted.

One item was a sculpture

of a tree, decorated with old cans that were obviously taken from a local park.

"They actually did some cleanup in the process of doing their work," he said. "They said, 'I might as well clean the environment and put it in the show as well.'"

Tedesco said he's been organizing the Green Art Show for four years, since first launching it in Niagara Falls.

"This year, because I'm a native of Port Colborne, I thought let's take

this show on tour this year so I brought it to Port Colborne."

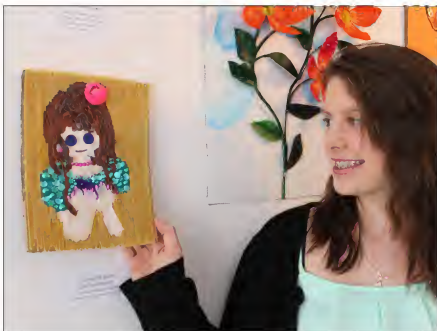
Next year he hopes to run the Green Art Show as

"a regional challenge, and then we can get all the high schools participating."

Prizes were given out to

students at the end of the exhibition.

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ALLAN BENNER Staff Photo

Grade 9 Lakeshore Catholic High School student Hannah Visser looks at her art, made from reusing items that would have otherwise been thrown in the trash. She was one of about 50 Port Colborne students who participated in the Green Art Show at Arts Place Gallery.

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Stance taken against genetically modified alfalfa

DAVE JOHNSON
InPort News Staff

PORT COLBORNE — Allowing genetically modified (GMO) alfalfa into Ontario would be a very serious blow to farmers, especially organic farmers, says Doug McEachern.

McEachern, of the National Farmers Union-Ontario, along with Tracy Tarran, was out in front of Welland MP Malcolm Allen's office in Port Colborne last week as part of the Day of Action to Stop GM Alfalfa.

The two were joined by a couple of other protesters during the noon time demonstration.

"Farmers out west have said no to GMO alfalfa and now they (Monsanto, makers of GMO alfalfa) are pushing this east. Farmers don't want this," said Tarran, who helped organize the protest, one of the 38 across the province.

McEachern said alfalfa is a perennial crop, as opposed to an annual, and that is pollinated by bees. That means, he said, cross-pollination between non-GMO alfalfa and GMO alfalfa crops will naturally occur.

"A farmer could end up paying royalties on the plants, even though they didn't plant the seeds. If it's out there, you can't take it back," McEachern said.

Monsanto's GMO alfalfa seeds are genetically altered to stand up to the company's weed killer, RoundUp, and farmers pay to buy those seeds each year.

"It's just another means to take control of the agricultural business, especially by big businesses such as Monsanto," said McEachern.

And if crops are cross-pollinated, it would be a huge blow to organic farmers, who are not allowed to have any GMO crops if they are to be recognized as organic. Organic farmers, and farmers in general, use alfalfa as a cover crop and for feed, he said.

McEachern doesn't believe

there are any alfalfa farmers in Niagara, adding the crop grows better in sandy soil rather than the heavy clay soil found in the region.

Even if it's not farmed here, alfalfa is still used by farmers for cattle, dairy cows, sheep, pig and horse feeds, he added.

Tarran, who has educated herself on GMO plants, said GMO alfalfa will affect animals it is fed to, and in turn, get into the food and dairy supply which we all rely on.

"We'll be changed," she said.

The two said no one really knows yet the effect GMO plants have on animals and people, though some things are starting to come to light.

"If it (GMO alfalfa) is released, that will be the end of non-GMO alfalfa," said McEachern.

Tarran wants to see Canada take the role of leader in the fight against GMO crops and ban them.

"They are banned in other countries ... other countries in Europe are far ahead of us in this. If this goes ahead, it could affect our exports," she said.

Federal NDP agriculture and agri-food critic Malcolm Allen said the proposed crop could have a devastating economic impact on organic farmers if it's put on the market.

"Until an economic impact study to the farm industry is



DAVE JOHNSON Staff Photo
Tracy Tarran, right, speaks with a resident in front of Welland MP Malcolm Allen's office in Port Colborne on Tuesday as part of the Day of Action to Stop GM Alfalfa.

done, there should be a moratorium on GMO alfalfa," the Welland MP said, adding a private member's bill on the issue was defeated in the last Parliament.

Allen, on his way back from a protest in St. Thomas, said

no farmers are clamouring for GMO alfalfa, which has been around for a number of years. In fact, the farmers he's spoken with, both conventional and organic, don't want it around at all.

"Conventional farmers don't see a need for it and some are worried it could affect neighbours who may be organic farmers."

Allen said the push for the crop seems to be coming from the manufacturer, not a commercial demand for it. He intends to keep pushing for a moratorium on its release.

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David Langlois, an actor from the Meta-Physical Theater, visits Port Colborne High School teacher Amy Converset's Grade 10 acting class for a workshop in Commedia dell'arte. Students took part in the exercise and donned the old masks of comedy. From left are: David Langlois, Torrey Berry, Kyle Thompson, Josh Kane, and Amy Converset.

■ **EDUCATION:** Italy's comical theatre style embraced at Port High

Overcoming shyness from behind a mask

SHANE LEONARD
For InPort News

PORT COLBORNE — Put on a mask and dive deeper into characterization.

That was the message of the day at a workshop held for Amy Converset's Grade 10 students at Port Colborne High School.

Converset, who has been teaching drama for 12 years, is currently teaching the history of Commedia Dell'Arte, a form of comical theatre that arose in Italy in the 16th century.

It's also known as the early stages of slapstick comedy. In the plays, performers wear masks, and each one portrays a stock character with a different persona. These personalities can even be traced to modern theatres, and media characters.

Converset invited David

Langlois of Meta-Physical Theatre to lead her class

in a workshop to better understand the art form.

Langlois brought to life the spirit of the play and the characters, said Converset.

"He's the first person I go to to give a hands-on approach to what's been taught."

Students eagerly wore masks and acted scenes as the associated character, from the fun-loving to the old and decrepit, with enthusiasm and enjoyment.

"My goal is to get everyone involved and have fun," said Converset.

She hopes that by doing so will make her students feel more comfortable in front of a crowd and on stage.

The students have proven to be very dedicated, she said.

"They are often spending their lunch breaks rehearsing lines for plays or other drama projects."

Langlois gave a spirited demonstration of the art form with easy to follow instructions for students to act scenes out with ease.

Be willing to stand out, Langlois told the class.

"Just think, 'I don't care what others think of me, I'm just going to do it.'"

Langlois expressed his enjoyment at leading workshops.

"I love the challenge of overcoming shyness," he said. "And I love to see after they embrace it (acting)."

Langlois founded The Meta-physical Theatre in 1987 and specializes in physical theatre art forms. The group has performed in schools and festivals around the world.

Shane Leonard is a journalism student from Niagara College on co-op at The Tribune.

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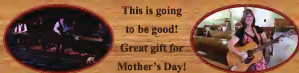
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■ **EDUCATION:** Youngsters learn bout the environment

Earth Day Extravaganza at Steele St. School

ALLAN BENNER
InPort News Staff

PORT COLBORNE — If Logan Bastien has his way, everyone would ride bicycles.

The Grade 3 student at Steele Street School said people need to stop driving cars because doing so pollutes the air.

And "motorcycles cause even more pollution than cars," he added.

Even riding a bus isn't enough. They still run on

fossil fuels.

And although electric vehicles don't pollute the air, the process of making that electricity can be bad for the environment, too, he explained.

"I just prefer a bike."
He was one of 170 students from senior kindergarten to Grade 6 who spent Friday

about the environment and the planet they live on.

Grade 5 and 6 teacher Chrys Fraipont enlisted the help of her students to run eight activities the younger students participated in. They included creating Earth candles, decorating blue plastic cups with tea lights inside to look like the world, painting using homemade environmentally-friendly paint, inventing games using

to songs about the environment and understanding the lyrics.

It was the third year Fraipont organized the school's Earth Day Extravaganza.

The event was designed to educate the students about environmental issues, in the hope they will share that knowledge with their families and friends.

Earth Day is Monday.

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ALLAN BENNER Staff Photo
Students from Steele Street School spent the afternoon, Friday, learning about the environment during an Earth Day Extravaganza, participating in activities including making Earth candles, like the one Ryan Cayouette, right, is making, afternoon learning recycled items, and dancing allan.benner@sunmedia.ca



ALLAN BENNER Staff Photo
Students from Steele Street School spend Friday afternoon learning about the environment during an Earth Day Extravaganza, participating in several activities including painting with homemade environmentally-friendly paint.

■ **REGION SENIORS HOMES:** Volunteers saved municipality close to \$1 million

'I just love the people and I love coming there'

JEFF BOLICHOWSKI
QMI Agency Niagara

ST. CATHARINES — Albert Scholtens says the 40 years he has given to elderly residents were their own reward.

He's not one to seek the limelight for the time he has spent as a volunteer, comforting and ministering to senior citizens at Linhaven Home for the Aged in St. Catharines.

He's simply doing God's work, he said. And it has kept him and his wife, Evelyn, going back to Linhaven again and again.

"I don't need publicity. I'm not looking for anything," Albert said.

"I just love the people and I love coming there."

The 77-year-old and his wife were among those Niagara Region honoured last week. The region praised the volunteers, who are among the 906 individuals who spent their free time in public seniors homes last year.

All told, the region estimates volunteers contributed 88,000 hours of service in 2012. If all of them had been paid minimum wage for their service, it would have cost the region more than \$900,000.

The region also estimates volunteers generated \$273,000 in 2012 through fundraising. That cash will go toward special equipment to help improve life for residents in the region's eight seniors homes.

Albert Scholtens said he has been running a short Sunday religious service since he began 40 years ago. Evelyn came with him afterward on Tuesdays for regu-

lar Bible study.

"I love people," he said. "I'm attached with people. I also noticed that no matter what denomination you are, you have some spiritual needs."

Many people he meets are near the end of their lives, he said.

"In those last weeks they

him there to do.

"Through the years, I've had many like that. It's not always easy. I get attached to them," he said.

The region's acknowledgment came ahead of Volunteer Appreciation Week, this week.

Seniors services director Henri Koning said vol-

ponent ... which we really value with our long-term care homes," she said.

"It's important to us that the homes aren't in a silo, that they're part of the community."

Koning said beyond volunteers' fundraising, they also help brighten residents' lives.



JULIE JOCSAK/ST. Catharines Star

Albert and Evelyn Scholtens are photographed in their Linhaven apartment on April 11, 2013. The couple has volunteered for 40 years at the residence. Julie Jocsak/ St. Catharines Standard/QMI Agency

to delight residents there.

"She loves everyone there and they just love her," Joan said of her pooch. "She's the star of the show."

She said she takes Daisy from room to room on Fridays.

By now, Daisy has learned which residents live in which room, Joan said.

"For us, it's extremely rewarding to see the happiness she brings to them," Joan said she and her husband have always volunteered wherever they went.

"We are very blessed with all we have received," she said. "We just feel we want to give back."

KEY NUMBERS

906 people volunteered at Niagara Region seniors homes in 2012
88,000 hours of service delivered
\$273,000 raised by volunteers

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are there on Earth, I try to comfort them," he said.

It's emotional, he said, but he believes it's what God put

unteers help improve residents' quality of life.

"I think they just really add a homeliness com-

"It helps them to have another friend and someone to spend time with."

Luc and Joan Guay bring a

friend indeed — their dog, Daisy. They have been bringing Daisy to Linhaven for the past year-and-a-half

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QMI Agency Niagara
ST. CATHARINES — It's tough to be stealth-like when you've got onlookers Tweeting out your location.

But that's the new reality for officers in the Niagara Regional Police tactical unit, who are watching the events unfold in Boston in real-time like every-

one else.
"I think we have to be cognizant of the fact the media is present, Twitter is there, instant messaging is an enormous factor in situations like this," said NRP Staff Sgt. Bill Harris, who heads up the tactical unit. "Tactical teams often work on the element of surprise and

cover containment are very important, so when these positions are compromised, it's not fun and games. It could potentially cost somebody their life."
The Boston Police department sent multiple tweets out Friday requesting the media and general public to stop revealing their locations via

social media and on television during its manhunt for the second suspect in Monday's Boston Marathon bombing.
"It's a big issue, but it's something we're aware of and it's something we plan for," Harris said.
If there were a similar incident here, the NRP's media

relations officer, Const. Derek Watson, and social media officer, Const. Rich Gadreau, would monitor how the situation was being covered by the media.
"People are generally very respectful," he said.
Harris said police services around the world will review

how the Boston bombing investigation and manhunt was handled.
"No doubt, there will be mistakes and things that could have been done differently ... and there will be some things that were done very well that we can learn from as well," Harris said.



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Nyon OMB hearing starts and ends

MARYANNE FIRTH
InPort News Staff

PORT COLBORNE — Though scheduled to take two weeks, the Ontario Municipal Board hearing regarding the controversial Nyon energy park wrapped on its very first day last week.

But residents will still have to wait to learn the ruling on the contentious project, which has been working to

overcome hurdles since it was first proposed in 2005.

The development was shot down by Port Colborne city council in 2009 with the denial of official plan and zoning bylaw amendments required to build the park.

Nyon appealed the decision with the OMB and has since been working with the city to make changes to its application. Known previously as Nyon Oil Inc., the

company has since changed its name to Nyon Marine Fuelling Corp.

It seems a settlement has been reached between the parties, OMB chair Jyoti Zuideima said Monday in city council chambers. Still, she offered opportunity for expert testimony from all parties involved, as well as from concerned residents in attendance.

Prior to testimony getting

underway, Robert Boxma, who appeared on behalf of the Ministry of Municipal Affairs and Housing, requested the province gain party status in order to clarify concerns regarding the rural employment lands in question and the uses permitted by the dry industrial zoning designation.

The motion was ultimately denied by Zuideima, who felt the province had

ample opportunity prior to Monday's hearing to get involved in the process.

It was based on recommendations by professional land use planner Rick Brady, of Urban & Environmental Management Inc., that city council originally denied Nyon's requests for the necessary amendments in 2009.

At the time, there was a "significant lack of technical information" provided by

Nyon to support the development, but that has since changed, Brady said under oath Monday.

The original concept included "highly explosive liquid natural gas tanks" that "became a bit of a lightning rod" in drawing concern from the community, Brady said.

The liquid natural gas has since been removed from the project, which now includes a 56-tank petrochemical storage facility for diesel, petrol and oil, dry industrial land to be developed at a later date and a solar farm.

The tank farm will be fed by ships travelling along the Welland Canal with distribution taking place by truck and rail. No manufacturing will take place on site.

Brady brought forth proposed official plan and zoning bylaw amendments for the project to council in February, which approved bringing the amendments forward to the OMB.

All parties involved were supportive of the proposed amendments.

Following all testimony, Zuideima offered counsel from Nyon, Niagara Region and the City of Port Colborne the opportunity to give closing statements, though all declined.

After collecting all necessary information, Zuideima chose not to offer an oral ruling and instead indicated a written decision will be provided at a later date.

She did not want to provide a timeline for when the decision will be released.

maryanne.firth@sunmedia.ca



MARYANNE FIRTH Staff Photo

Dain City resident Toby McCreddie shares her concerns about Nyon Marine Fuelling Corp.'s proposed energy park in Port Colborne during Monday's Ontario Municipal Board hearing.

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ALLAN BENNER Staff Photos

(Top left) Glassblower Peter Gudrunas works during an open house at his Hwy. 3 shop where he demonstrated how to make glass objects by hand. (Top right) Charlie Defendorf, front, talks to Pete Mason, during an open house at Sirius Glassworks on Hwy. 3.

■ **PETER GUDRUNAS:** 'I still watch Dad and I'm mesmerized by it'

Glass artist captivates local audiences

ALLAN BENNER
InPort News Staff

PORT COLBORNE — A room full of curious people asking questions didn't distract Peter Gudrunas from giving his full attention to the red-hot molten glass he was working with.

"My place does not look like this normally," he said, gesturing to the rows of chairs set up in his studio at Sirius Glassworks.

In an age when factories make pretty much everything, hundreds of people visited his 2739 Hwy. 3 shop on the weekend for a chance to watch an artisan at work.

It was the first time glassblower Gudrunas had held an open house in about 20

years.

"It's nice," he said. "I'm not around people a lot so it's very pleasant. And I'm not distracted from what I'm doing."

Gudrunas's daughters Deirdre and Iris organized the open house.

"It's been a long time since we've had a big open house," Deirdre said, adding it was an opportunity for a lot of friends and loyal customers to visit the shop — as well as people from throughout the community.

Said Iris, "It's really nice to have people in here. People are curious about it. I still watch Dad and I'm mesmerized by it."

Charlie Defendorf made the trip from Buffalo to watch

the glassblower in action.

He said he already has several items created by Gudrunas, adding "it's just wonderful stuff."

"This just amazes me," Port Colborne resident Bob Haynes told Gudrunas following a demonstration.

Haynes visited the shop Saturday with his wife Brenda.

allan.benner@
sunmedia.ca



TENDER

2013-T-113 (RN 13-13) 2013 Structural Rehabilitation Program (Region-wide)

Sealed tenders, plainly marked as to contents, will be received by the office of the Regional Clerk, Niagara Region, 2201 St. David's Rd., Thorold, ON, until 2 p.m. local time on **Tuesday, May 7, 2013.**

The work to be carried out under this contract consists of, but is not limited to, the rehabilitation of the following structures:

- Killins Bridge (Structure No. 014225)
- Fifteen Mile Creek Bridge (Structure No. 024210)
- Four Mile Creek Bridge (Structure No. 087220)
- Niagara Street Bridge (Structure No. 050205)
- Emerson Bridge (Structure No. 084215)
- Montrose Road Culvert (Structure No. 098310)

This contract utilizes the "Niagara Peninsula Standard Contract Document" (Revision 13) which forms the specification documents excepting the "Special Instructions to Bidders, Form of Tender, and Supplementary Special Provisions." The "Standard Document" is available on the Internet at the "Bid Opportunities" section of the Niagara Region website, www.niagararegion.ca.

Plans, specifications, and Form of Tender may be obtained from Niagara Region Public Works, 2201 St. David's Rd., Thorold, ON. A non-refundable payment in the amount of **\$25.00**, reflecting part of the cost of document preparation, will be required for each set of tender documents taken. Tender documents will be available for pickup **after NOON on Tuesday, April 23, 2013.** Plans and specifications may be viewed without charge, but not removed, at the major construction association offices.

All tenders must be accompanied by a tender deposit in the amount of **\$100,000.**

Tenders will be publicly opened at 2:15 p.m. at 2201 St. David's Rd., Thorold. The lowest or any tender will not be necessarily accepted.

For further information, you may contact **Mr. Jason Marr, P.Eng.**, Senior Transportation Project Engineer at 905-685-4225 ext. 3552.

Thorold, Ontario
April 18, 2013

Kenneth J. Brothers, P.Eng., FIVFA
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ALLAN BENNER Staff Photo

*Glassblower Peter Gudrunas, right, talks to Bob and Brenda Haymes at an open house at his Hwy. 3 workshop held on the weekend.



ALLAN BENNER Staff Photo*

Glassblower Peter Gudrunas works during an open house at his Hwy. 3 shop where he demonstrated how to make glass objects by hand.

■ TOPIC: Intro line goes here

Cancer claimed event ambassador

DAVE JOHNSON
InPort Staff

PORT COLBORNE — Seventeen-year-old Miranda Bauer was a young girl who always was willing to help others, always positive, bringing cheer to people's lives and very devoted to her family.

And every day for the past few months, before cancer took her life, she'd send a text to NorCliff Farms marketing coordinator Adam Lukanchoff.

"I would get texts from her saying, 'How's your day Adam? Is there anything I can do to help the event?' Or just asking me what's new, and wanting to chat. It would make my day," Lukanchoff said, adding Miranda was his wife's cousin.

Miranda, who died on March 27 of this year, fought

She (Miranda) was always positive, saying she was going to beat the cancer. She made me feel like family."

Adam Lukanchoff

cancer for a year and a half, he said, adding no matter what, she always wanted to lend a helping hand.

"She was always positive, saying she was going to beat the cancer. She made me feel like family."

Miranda was to be the ambassador for NorCliff Farms sixth annual So You Think You Can Cook Fiddlehead Culinary Competition at Gossip Restaurant on Friday, May 3,

In Toronto.

He said NorCliff's fundraiser was to benefit SickKids Foundation of Toronto, and that hasn't changed. What has changed, he said, is that now the fundraiser will be held in Miranda's honour.

"The company decided to celebrate her legacy and all the proceeds raised that evening will go directly to rhabdomyosarcoma cancer research."

That research is being carried out by Dr. David Malkin at SickKids Hospital.

Lukanchoff said Miranda's parents, John and Patti, will be at the fundraiser and will talk about their daughter.

For more information on the upcoming fundraiser, or to buy tickets, which are \$100 a person, contact NorCliff Farms at 905- 835-0808, nina@norcliff.com or marketing@norcliff.com.

Ask Our

Pharmacists



LARRY BOGGIO
R. Ph. B. Sc. Pharm. (owner)

ZOSTAVAX: PREVENT SHINGLES BEFORE IT'S TOO LATE!

Shingles is caused by the same virus that causes chickenpox (varicella-zoster virus). After the chickenpox blisters heal, the virus remains dormant in nerve cells in your body. It can become reactivated after many years resulting in shingles. It is not known exactly why the virus becomes reactivated, however it is thought that having a weakened immune system along with physical trauma, UV light or stress may play a role. The risk of developing shingles increases with age and people over 50 years old are at the greatest risk. The symptoms include a painful, blistering rash that often breaks out in one part of the body, usually the chest or upper back are involved. Sometimes the pain resulting from shingles can last for weeks, months, or rarely years, after the rash heals. This lasting pain has been described as burning, aching, throbbing or stabbing and can result from something as little as a breeze or the touch of clothing on the skin. Older people are again at greater risk. Shingles may also result in skin infections at the site of the rash or scarring following healing of the rash.

Fortunately, a vaccine is now available to boost your immune system and help to prevent shingles and its complications. It is called Zostavax and is available to adults over 50 years old. The vaccine cannot be used if you are already experiencing symptoms of shingles; it is only used for prevention. The vaccine is given as a single dose by injection just under the skin of the upper arm by a doctor or trained nurse. As all medicines and vaccines can have side effects, some people may experience redness, pain, swelling, or bruising at the site of injection or headache. These are the most common unwanted effects, but they are usually minor. The vaccine was found to reduce the risk of developing shingles by about 50-70% (depending on your age) within the first year after receiving the vaccine.

Zostavax must be stored frozen below -15 degrees Celsius until the day it is to be used. Only a few pharmacies currently have the correct storage facilities for this vaccine to be able to stock it. Zostavax is available from all of the Boggio Family of Pharmacy locations.

Zostavax is safe for most people, however it should not be used by anyone who:

- is allergic to zoster vaccine or to any of the ingredients of the medication (including gelatin)
- is pregnant
- has a weakened immune system (e.g., due to cancer, HIV/AIDS, problems with bone marrow, or other immune system problems)
- has active untreated tuberculosis
- has had a serious allergic reaction (hives, face swelling, difficulty breathing) to neomycin
- takes high doses of steroids (e.g., prednisone, methylprednisolone) by injection or by mouth

Since this is a relatively new vaccine, it is not known if it will provide protection from shingles for longer than 4 years.

Talk to your doctor or pharmacist for more information and advice about shingles and to find out if the Zostavax vaccine is right for you.

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■ FISHING: Vying for Ultimate Fishing Town title

VICTORIA GRAY
InPort News Staff

PORT COLBORNE — It's smooth sailing for the lakeside city's bid to become the Ultimate Fishing Town — so far.

Port Colborne is sitting pretty with almost 16,000 votes in the first week of the World Fishing Network's 2013 Ultimate Fishing Town competition.

Port Colborne's Ultimate Fishing Town committee member Keiran Wittmaier is

cautiously optimistic about the initial spike in votes.

"We are really excited," he said. "The pride and support is really, really showing, but one thing about these contests is you can never get complacent because you can get burned real fast."

With 11 days left to vote in the first of two rounds of voting Port Colborne is more than 10,000 votes ahead of Gananoque, Ont. that had a little over 4,000 votes on Monday morning.

“There has been great response and we’ve gotten some serious community and business involvement. We’re quite impressed and proud at the same time.”

Keiran Wittmaier

Fishing Town first round hap-

pens four times a day until 11:59 p.m. Friday, May 3 at www.ultimatefishingtown.com/portcolborne-on.

The second round will run from May 3 to May 24.

Voting takes place everyday from 2:01 a.m. to 8:00am, 8:00 a.m. to 2:00 p.m., from 2:01 p.m. to 8:00 p.m. and 8:01p.m. To 2:00 a.m.

If people want to vote, but don't think they can get to the site four times a day, they can vote once to register their e-mail with the website and then e-mail the committee a

pcuftvoter@yahoo.ca asking
it to register votes daily.

Port Colborne participated in the contest in for the last two years and come in second both times. Wittmaier believes this year is Port Colborne's year.

"There has been a great response and we've gotten some serious community and business involvement," he said. "We're quite impressed and proud at the same time."

If the city wins the WFN will film and air a feature about Port Colborne and donate

\$25,000 to the Port Colborne and District Conservation Club, which restocks walleye in the Welland River every year.

Wittmaier said the committee would meet with the city, the club and members of the public to decide what to do with the money.

"The donation is required to go toward fishing programs," he said. "The idea of bringing back a big bass or pro-am bass tournament."

victoria.gray@sunmedia.ca

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Model citizens

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■ **MUSIC:** Charity concert in memory of Owen Patrick Harold

Rockers return for Owenpalooza

MARYANNE FIRTH
InportNews Staff

WELLAND — Call it a reunion of sorts.

Not only will family and friends of Owen Patrick Harold be coming together on July 27 to celebrate the life of the well-loved Welland, so, too, will the bands that have previously rocked Owenpalooza.

Past headliners of the growing music festival, now in its fifth year, are joining forces this summer to make the commemorative concert bigger and better than ever.

USS (Ubiquitous Synergy Seeker), Hollerado and These3Cities will return to the stage at Auberge Richelieu for

the 19-plus show that honours the memory of Harold, who died in a car crash in 2008 at age 22.

Also on the roster are Bratwurst Days and The Fortune Runners.

Along with a reputation for energetic stage shows, Canadian duo USS is best known for singles *Yo Hello Hoorary* (Everyday) and *Damini* from the 2011 album *USS Approved*. Juno-nominated indie rockers Hollerado hit the charts in 2010 with *Juliette* and again in 2012 with the popular song *Pick Me Up*. Tickets for Owenpalooza, which go on sale in May, are \$20 in advance and \$25 at the door.

For up-to-date information and details on ticket sales, visit www.owenpalooza.com or on.fb.me/15g3m40g.

Funds raised through Owenpalooza support the Notre Dame Owen Harold Scholarship Fund to assist students from Harold's former high school.

maryanne.firth@
sunmedia.ca
Twitter: @
mfirthTribune



SUPPLIED PHOTO

USS (Ubiquitous Synergy Seeker) is heading the fifth installment of Owenpalooza this July alongside fellow Canadians Hollerado.

■ **BOATS:** Federal funding received for renovation costs

Tradition kept alive

FROM PAGE 20

"We've got federal funding for 50% of the cost of completely renovating and creating a wonderful new facility in Chippawa Park from the long-closed pool building there, and now a trial season is being set up for the model boaters to use the Chippawa Park pond. I think there are four wins here, it's a win-win-win-win situation," the mayor said.

It's hard to imagine that anyone would be opposed to model boats quietly sailing through the waters of the pond, but there are people who have managed to make even that peaceful pastime annoying.

Just before Gray approached the city requesting use of the pond, he said there was a report about someone using a model boat to chase ducklings around a pond. That type of behaviour won't be accepted by other club members.

"We want to make sure we'll be well protected and anyone else coming there, if they start running improperly, we can basically say, 'Pack it up please,'" Gray said. "We're hoping to use the pond in a positive way."

He said years ago another model boat club used to sail their crafts on the pond

as part of the Welland Rose Festival activities, "and we just want to keep up that tradition."

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Personal Support Worker

Session Location & Program Description
(attend at site you are interested in)

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Wednesday, May 1
1:00 p.m.

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211 Elgin Street, Port Colborne
Day Program - Room 314

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1:00 p.m.

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Eve & Wknd Program - Garden Rm

Saturday, May 4
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The Healthy Cupboard

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WITH COUPON EXPIRES MAY 11TH, 2013

This coming from a customer who had tried every other natural remedy under the sun in the past few years to take away her pain, Ian, the owner of The Healthy Cupboard couldn't believe his ears. He had finally found the perfect product to stop his customer's misery. This is what every owner of a health food store dreams about, a natural product that receives so many outstanding testimonials on such a wide variety of health issues. "I had recommended a new product called LeafSource, which we have had tremendous success with this product, and almost everyone we have recommended it to over the last few months has come back and thanked us over and over again" said Ian. Before trying LeafSource, the woman had complained about her ongoing joint pain and was at her wit's end. Although she had experienced some relief through the numerous natural remedies she had tried over the years, the pain would never fully go away. "She returned to my store, in tears, less than one week after buying LeafSource. I didn't know what to make of this woman standing in front of me crying, until she told me that within a few days of taking LeafSource her pain started to disappear and within a week it was completely gone - as if it was never there," Ian goes on. "This coming from a woman whose painful joints and ongoing sciatica were so bad just one week earlier, that the pain was unbearable but now has completely subsided." By now you are probably

wondering what is LeafSource and why is it so effective? LeafSource is a 100% natural product derived from a proprietary organic mineral composite with over ten years of university research. LeafSource helps regulate the inflammatory process and the body's ability to repair itself. The vast majority (70 - 80%) of the population over the age of 50 have joint problems — often called osteoarthritis. This is due to the natural (or unnatural) wear and tear on joint tissue that develops through the aging process. With joint inflammation, movement is limited and pain can be constant. LeafSource seems to have the ability to help people get their mobility and zest for life back. Millions of people seek treatment for their joint and inflammation problems by resorting to expensive, toxic prescription drugs (i.e., NSAIDs) with multiple side effects. These range from nausea and vomiting to serious intestinal disorders (bleeding, gas, pain) and even kidney and liver failure. Isn't that too large a price to pay for a little pain relief? LeafSource is a safe alternative to these destructive anti-inflammatory drugs that cause more problems than they solve. There are absolutely no side effects and it doesn't interfere with any other medications. Controlled experiments and observations have revealed that LeafSource is a potent anti-inflammatory that has been shown to bring a reduction to inflammation and pain within a few days. People notice great results in terms of more energy and less pain by taking

anywhere from 2 to 6 capsules/day. Typical maintenance is usually 1 capsule twice daily. This product gets results! LeafSource is scientifically validated through more than 10 years of research at 4 universities, including the Department of Pharmaceutical Sciences, Mercer University. Aside from its incredible anti-inflammatory and pain reducing ability, it has also been shown to improve the performance of your daily nutrition and vitamin programs. It helps increase the absorption of vital nutrients, which in turn helps these nutrients work better. Better absorption = better results! It's almost as if they have become supercharged! LeafSource has also been shown to help enhance energy levels, improve intestinal health, strengthen hair, skin and nails and improve immune function. To see someone go from intense pain to a new lease on life within a week is truly incredible. Imagine being able to move freely without pain. Who wouldn't want to get out of bed in the morning with more energy? It's amazing how much of this stuff we take for granted, until it's gone! Ian adds, "I often recommend that LeafSource be taken with other natural joint products in order to help them work better and provide even faster relief. One of the things I hear most often from people who have tried LeafSource is they just plain feel better, have more energy and less pain. We're so confident, we guarantee LeafSource 100%! That alone should be enough to try this incredible product."

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